

Special points of interest:

- Picture Days Nov 1, 2
- Thanksgiving Feast Nov 13
- CLOSED Nov 22-23

Inside this issue:

Red Room Article	2
Blue Room Article	2
Note from Justin	2
Thanksgiving Feast	3
Important Dates	4
Menu	5

## Getting to Know the LeafSpring Team

*"Thank you for calling LeafSpring School....." It's Mr. Justin!*

It is Mr. Justin here introducing myself for the parents who have not met me and for the parents that want to get to know me. I have worked here for a little over a year now and I am loving it. I



first started off on the Village side as a Recreational Counselor and I do miss being with those

kiddos! However, I found a home as the Administrative Assistant on the Preschool side working closely with Mrs. Joyce (she is a great mentor and I am thankful for such an amazing boss!) I graduated from Old Dominion University in May of 2017 with my Bachelors in Human Services. I worked with several different non

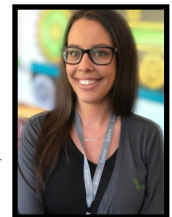
-profit organizations, mostly with children and then I stumbled upon LeafSpring School. I have lived in Norfolk for 6 years and am looking to move to VA Beach soon. I have a dog, Opie, and he is literally the best thing in this world! At least 2 nights a week I work at Bonefish Grill (my 2<sup>nd</sup> job) and that is why sometimes you all get the pleasure of seeing Mrs. Athena at the front! I have an obsession with turtles just like Ms. Shirley, they are my spirit animal. I have several nieces and nephews that I love dearly but no children of my own, other than my Opie!

If you all ever have any questions about me, do not be afraid to ask! I am like an open book!

***Guess who's back!  
It's Mrs. Krystal!***

In May 2012 I worked in the Gold Room for the summer then in Blue Room for the following

school year as the assistant teacher. In Aug 2013, I transitioned to Administrative Assistant in the Preschool where I worked until June 2015. The military sent my husband and I to San Diego for 6 months then to Jacksonville, FL for 3 years. I am so happy to be back in Hampton Roads and to be apart of the LeafSpring family once again. While I was gone I received my Bachelors in Elementary Education PK-6 and was granted my teaching license in the state of Virginia. I continued my work in the early education field working at a preschool. I have a son who will be turning 2 on Halloween! I enjoy spending time with my family, reading and playing board games! I am excited to return to LeafSpring School as the new Village Assistant Director.



## NAEYC Conference—November 14-17

This year, Mrs. Joyce will be attending the National Association for the Education of Young Children's Annual Conference in Washington, D.C. She will be accompanied by Mr. Brian. He

was nominated by parents for Employee of the Year for 2018.

Congratulations, Mr. Brian! Thank you for all that you do to grow the minds of little people!





## Red Room Curriculum Highlight

What a fun October we had in Red Room! Our friends learned so many new things and reviewed things they learned in Infant Room! We started off talking about fall colors and welcoming fall here at LeafSpring School! Emmalyn had so much fun using paint to represent her fall colors! She also thought it would be funny to paint all over her hands and put handprints on our

table! Next, our friends practiced finding items that sink or float! Angus found out that a feather floated while seashells sink! He loved using his sensory skills to play in the water gently! Followed by our first fun two weeks of October, we talked about fall things like Pumpkins! Jason put tissue paper onto his pumpkin. He also used his fine motor skills to tear apart the tissue

paper into small pieces! Finally, our friends practiced STEM by using magnetic wands to attract paper clips! Fletcher had so much fun waving his magnet wand over the paper clips and watching the paper clips magically grab onto the wand! We are all so excited to see what the new school year will bring to Red Room!

## Blue Room INSPIRED Literacy: Health

This October we focused on our health! From eating good foods to wearing weather appropriate clothes, the children participated in activities to promote healthy habits. First, we focused on separating healthy habits from unhealthy habits. We demonstrated and discussed ways to keep our bodies clean

throughout the day along with sorting out good foods from unhealthy ones. The children classified foods into categories. We focused on fruits and vegetables but looked at different meats and grains. By far their favorite activity was dissecting foods and trying to see what was inside. The children had the chance to

squish grapes, tear spinach, and sundried tomatoes. After we discussed what we could see inside, each child had the choice of tasting their foods. We then ended our week by scooping out the insides of a pumpkin. We made a pumpkin patch collage by giving a few seeds to each child.

## Front Desk News from Mr. Justin



Hello November! *\*gobble gobble\** I hope that everyone enjoyed their spooky October, it flew by! Our Fall Festival was one for the books! I was thrilled to be in the dunk tank and make the kiddos day. Mrs. Joyce and I hope you all will love our Oreo costume; we're just missing our glass of milk!

File audit update: I am going

through making sure our immunization records are up to date. So if your little one has been to the doctor lately for shots, please get them to me as soon as possible. Also, anyone that is under two please get those medication authorization signed by your pediatrician and back to me as soon as possible!

Few reminders: Fall picture days are November 1<sup>st</sup>-

2<sup>nd</sup> and the annual Thanksgiving Feast is November 13<sup>th</sup>!

If you ever have any questions or concerns, do not hesitate to stop by the front desk or shoot me an email.

Cheers to a GREAT NOVEMBER!

Mr. Justin

JScroggins@LeafSpringVB.com

Families are invited to our

# Annual Thanksgiving Feast

Tuesday, November 13th



Luncheon Times:

10:30 a.m. Infant & Red Room

10:30 a.m. Orange (classroom) & Yellow Room (dining car)

11:00 a.m. Green & Blue Room (gym)

12:30 p.m. Purple & Gold Room & Private K (gym)

**Our menu:**

*Turkey with Gravy*

*Mashed Potatoes*

*Green Beans*

*Corn*

*Apple Pie*

*Applesauce*

*Dinner Roll*

**RSVP by Wednesday, November 7th**

Sign up in your child's classroom with the total number of adults

First 2 adults are FREE; each additional adult is \$5.00



LeafSpring School  
at Virginia Beach

1973/1977 Sandbridge  
Road  
Virginia Beach, VA  
23456  
(757) 426-6490  
www.LeafSpringVB.com

OUR LEADERSHIP CURRICULUM

# INSPIRED

Raising Tomorrow's Leaders



November's Literacy is:

**Environmental**

I am a helper.

I am kind to the world around me.

I protect and care for the Earth.

### Important Dates to Remember

We will be closed:  
November 22 Thanksgiving Day  
November 23 Thanksgiving  
December 24 Christmas Eve  
December 25 Christmas Day

We will close early:  
December 31 *Closing at 4 pm*

### This Month's Celebrations

#### Children's Birthdays:

01 Colin 4	25 Emmalyn 2
02 Liviana 6	27 Beatrice 5
04 Brielle 7	28 Ryder 6
Mason 3	29 Fletcher 2
05 Zeke 5	30 Ella 3
Cade 3	Stella 3
Silas 2	
08 Riley 7	
Mila 6	
Aria 6	
10 Lynnlee 7	
12 Declan 4	
17 Hayden 11	
22 Isaiah 9	
23 Will 5	
24 Mariah 6	
Trey 4	
Zoa 3	

#### Staff Birthdays:

02 Ms. Patty  
03 Ms. Mar  
15 Ms. Caitlin

#### Staff Anniversaries:

13 Mrs. Theresa  
1 year!  
30 Mr. Brian  
3 years!

November 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
*Milk served with all meals unless otherwise noted*			1 Cheerios Cereal Turkey Meat-a-Roni Broccoli Applesauce String Cheese	2 Waffles Ham & Cheese Sandwich, Salad Pineapples Trail Mix
5 Roll w/ Butter Baked Spaghetti Green Beans Pineapples Graham Crackers	6 Waffles Cheesy Chicken & Rice, Salad Mandarin Oranges Animal Crackers	7 String Cheese Beef Franks & Beans Broccoli Applesauce Oatmeal Cookies	8 Pancakes Chicken Alfredo Peas & Carrots Peaches Snack Mix	9 Corn Flakes Cereal Turkey & Cheese Wrap, Salad Fruit Cocktail Veggie Straws
12 Cheerios Cereal Cheese Lasagna Broccoli Pineapples Cheez-Its	13 String Cheese Turkey w/ Gravy, Roll, Green Beans, Mashed Potatoes, Corn, Applesauce Graham Crackers	14 Rice Krispies Cereal Meatballs (Beef, Chicken, Turkey) Mashed Potatoes Fruit Cocktail Animal Crackers	15 Corn Flakes Cereal Beef Ravioli Corn Mandarin Oranges String Cheese, Crackers, Water	16 Roll w/ Butter Chicken & Cheese Sandwich, Salad Applesauce Trail Mix
19 Roll w/ Butter Baked Ziti Green Beans Applesauce Animal Crackers	20 Rice Krispies Cereal Turkey Sloppy Joe on a Bun, Corn Mandarin Oranges Trail Mix	21 String Cheese Ham & Cheese Wrap, Salad Pineapples S'mores Pudding	22 CLOSED FOR THANKSGIVING	23 CLOSED FOR THANKSGIVING
26 Cheerios Cereal Mac n Cheese Green Beans Pineapples Oatmeal Cookies	27 Pancakes Chicken Alfredo Broccoli Mandarin Oranges Animal Crackers	28 Roll w/ Butter Beef Hot Dog on a Bun, Cole Slaw Peaches Veggie Straws	29 String Cheese Meatball Mariana (Beef, Chicken, Turkey), Roll, Salad Fruit Cocktail Oatmeal Cookies	30 Corn Flakes Cereal Turkey & Cheese Sandwich, Corn Applesauce Trail Mix