

Special points of interest:

- Teacher Appreciation Week May 6-10
- Nurse Appreciation Day May 6
- Spring Pictures May 14-16
- CLOSED for Memorial Day May 27
- Mrs. Joyce will be out May 8-10, 20, 24
- Mrs. Angeline will be out May 10

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Introducing our new Administrative Assistant, Mrs. Brittany!



Hello! My name is Brittany Clark. I was born and raised in Hampton, VA. I earned my bachelor's degree in Human Services Counseling: Psychology from Liberty University. While at Liberty, I was on the cheerleading team for four years. After college, I

taught first grade for four years in Newport News, VA. I have experience with coaching. I've coached gymnastics for four years.

I enjoy working with children of all ages. I love to see them grow and learn. In my free time, I love reading, shopping, and hanging out with family.

A few of my favorites...

- Candy: Sour Patch Kids
- Fast Food: Chick-fil-a
- Sport Team: Steelers
- Hobby: Reading
- Color: Pink

Animal: Giraffe

Drink: Sweet Tea

Snack: Cookies

Ice Cream: Cookie Dough

I work Monday through Friday from 9:30 a.m. to 6:30 p.m. I am excited to be a part of the LeafSpring family. I look forward to learning more about you all!

Please email me at: BClark@LeafSpringVB.com if you have any accounting questions.

Spring Picture Days



We will be using Joyful Years Photography again this Spring.

Please take note:

Tuesday, May 14 Infants, Red, Orange, and Yellow Rooms; *These rooms will have class*

pictures today.

Wednesday, May 15 Green, Blue, Purple, and Gold Rooms; *These rooms will have class pictures today.*

Thursday, May 16 Private Kindergarten Cap & Gown pictures and Private K

group photo

SIBLING PHOTOS will be taken on the day of the **OLDEST** child and class pictures will remain on the day your child's class takes their group photo.

If you have any questions, please see Mrs. Brittany!



Curriculum Highlight for Gold Room

One of my favorite things to do is READ! As a teacher, I try to pass on my love of reading. When I read a book to the class, I want to make sure that the children are truly enjoying the reading experience. (If you ever hear your child reading a book using a British accent that is my doing. My British accent is one of their favorite voices that I use when I read a book.) This month we did two author studies. The first author was Eric Carle. Everyone knows "The Very Hungry Caterpillar" and "The Grouchy Ladybug." I



introduced some of the books that the children may not have heard of like, "Pancakes, Pancakes" and then we made pancakes. Cooking in the classroom is another activity that we enjoy. We read the ingredients first to make sure we have everything. Then we read the recipe. We mix up the ingredients and cook it. This is a great way to learn about following directions. We also discussed the different techniques Eric Carle used for the illustrations in his books. The second author we studied

was Oliver Jeffers. He has many great books but the one we enjoyed was "Stuck." It is a funny book and we laughed a lot. We loved that book so much that we are going to re-enact it and put on a play for our families. Learning to read should be a fun activity that the children love to do. In Gold Room, we try to make reading fun and positive. "The more that you read, the more things you will know. The more that you learn, the more places you'll go." Dr. Seuss



INSPIRED Article from Green Room

In April, the children learned about Financial literacy and the ways they can help people around them. A phrase we learned is: 'I can give to others'. In Green Room, we raised \$200 to send children to school that live in the Middle East through a program called, Pennies for Peace.

The objective is for our children to do simple jobs and tasks with mommy and daddy and earn money to put into our box. Then the children sit at the table and sort the coins by size

and shape. Even though 3 year olds are unfamiliar with money and what it all means, these guys have begun to understand the terms for each of the coins and that the dollars are more than the coins.

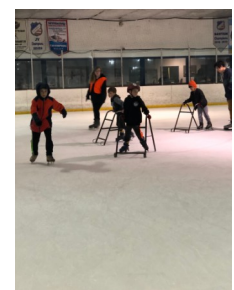
We have watched a short video about the children we are helping and on our wall we have posted pictures of young children that need our help. I wonder how many pennies our children can raise? The children had fun sorting the coins on the poster board and learn-

ing what each of the coins are called and how they are different.



Village News: Spring Break Recap

Spring Break 2019 has come and gone and it was a blast for our school-agers! The Villagers experienced a taste of Camp Blue Sky this past April. They went on a field trip and had an ice skating adventure! For many campers, ice skating was a new sport and it was amazing to see how motivated they were to learn! The Village is still accepting Camp Blue Sky registration forms. See the Village today for a packet!



Spring Fever?

Children grow up right before our eyes. By this time of year, the children are comfortable in their classrooms, they know the routines and expectations, and they are growing more independent each day. As this happens, there can be times when their emotions are so "big" they don't know how to handle them, whether they are 12 months or 12 years of age.

So what do we do as teachers? First, we start with our own reaction to the child's behavior. Then we validate their feelings. The picture to the right can help us all!

As a mother of a 5 and 6-1/2 year old, I catch myself dismissing their feelings because I am in a rush or I've already repeated myself 2-3 times. But, I take a deep breath, sometimes I even put myself in "time out", and then listen to them as they try to explain how they feel. I use my empathic listening skills to let them know I "hear" them. It is amazing how giving them 2 minutes of your time makes them feel SO much better.

It happens to all of us. I see it at Target, the grocery stores, and restaurants. Just think, if we can help validate their feelings early and understand their point of view, we can have an enjoyable time making memories at all of these places!

Coping with big emotions

extremelygoodparenting.com

- V** Verify that their feelings are normal and justified
- A** Adjust expectations
- L** Listen to their fears and frustrations
- I** Investigate the cause to understand the trigger
- D** Don't rush the situation, direct their feelings elsewhere
- A** Allow them time to adjust
- T** Take a deep breath
- E** Exhale slowly and offer a fresh start

HAPPY MOTHER'S DAY!

I have seen some funny articles and memes on social media about being a "mom" and the joys and stress that comes with it. One article that I loved was about the "emotional labor" that women go through and the misunderstanding we have when communicating with our other half. (Let me know if you want the link!)

We often feel the burden of having to take care of many things when it comes down to household chores, having the children's affairs in order, and then, on top of that, being the best at our job that we can be. But, we know that we are truly appreciated and there is always unconditional love from our family. Here's to you, "Moms!"

Join us for muffins for moms!
Preschool: 5/13 at 8-930a
Village: 5/13 330-5p



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OUR LEADERSHIP CURRICULUM

INSPIRED

Raising Tomorrow's Leaders



May is a review of all literacies

Social

Health

Environmental

Civic

Entrepreneurial

Financial

Important Dates to Remember

2019 Closings:

May 27

July 4

August 29-30

September 2

November 28-29

December 24-25

December 31 *Closing at 4 pm*

This Month's Celebrations

Children's Birthdays:

04 Tucker 6

Milana 3

06 Julia 7

07 Julia 11

Amery 6

11 Julian 7

Teagan 4

13 Caleb 6

Addi Deane 4

14 Bella 6

15 Stella 7

16 Reese 5

18 Sadie 6

20 Jayden 5

21 Lucy 7

22 Leighton 5

Jackson 5

25 Brodie 4

31 Rey 6

Staff Birthdays:

13 Mrs. Theresa

16 Ms. Shenequa

18 Ms. Shirley

28 Mr. Brian

Staff Anniversaries:

2 Mrs. Christi 8 yrs

16 Ms. Phoebe 2 yrs

Ms. Emory 2 yrs

May 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Milk served with all meals unless otherwise noted		1 Roll w/ Butter Beef Ravioli Peas & Carrots Pineapples Cheez-Its	2 Corn Flakes Cereal Turkey Sloppy Joe Corn Mandarin Oranges Vanilla Wafers	3 Waffles Turkey & Cheese Wrap, Salad Fruit Cocktail Animal Crackers
6 Roll w/ Butter Broccoli Hash Brown Casserole, Corn, Pineapples Goldfish	7 Rice Krispies Cereal Turkey Meat-A-Roni Salad Fruit Cocktail Oatmeal Cookies	8 Cheerios Meatball Marinara (beef, chicken, turkey) Roll, Salad Applesauce Animal Crackers	9 Pancakes Chicken Tetrzzini Mixed Vegetables Pineapples Trail Mix	10 Corn Flakes Cereal Ham & Cheese Wrap Salad Peaches Veggie Straws
13 Cheerios Cereal Cheese Wraps Salad Pineapples Cheez-Its	14 Roll w/ Butter Chicken Pasta Salad Green Beans Applesauce Graham Crackers	15 Corn Flakes Cereal Turkey Hot Dog on a Bun, Broccoli Fruit Cocktail Animal Crackers	16 Waffles Chicken Alfredo Corn Mandarin Oranges Oatmeal Cookies	17 Rice Krispies Cereal Turkey & Cheese Wrap, Salad Applesauce Trail Mix
20 Cheerios Cereal Mac-n-Cheese Green Beans Applesauce Oatmeal Cookies	21 Corn Flakes Cereal Spaghetti w/ Turkey Meat, Mixed Veggies Mandarin Oranges Animal Crackers	22 String Cheese Beef Ravioli Peas & Carrots Pineapples Cheez-Its	23 Pancakes Cheesy Chicken & Rice, Broccoli Mandarin Oranges Trail Mix	24 Roll w/ Butter Chicken Hot Dog on a Bun, Salad Peaches Snack Mix
27 LEAFSPRING SCHOOL CLOSED --- MEMORIAL DAY	28 Cheerios Cereal Turkey Stroganoff Broccoli Peaches Trail Mix	29 Rice Krispies BBQ Meatballs (beef, chicken, turkey) Roll, Salad Fruit Cocktail Animal Crackers	30 Roll w/ Butter 3 Cheese Spaghetti w/ Turkey Meat Corn Applesauce Veggie Straws	31 String Cheese Chicken & Cheese Sandwich, Salad Pineapples S'mores Pudding